
Subject: masturbate can cause hairloss
Posted by [tvtotalfan](#) on Tue, 05 Sep 2006 12:30:34 GMT
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<http://www.hairlosstalk.com/discussions/viewtopic.php?t=2443> 3

yes, bad news

Subject: Re: masturbate can cause hairloss
Posted by [glockenspiel](#) on Tue, 05 Sep 2006 14:33:41 GMT
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that's a thread, not a scientific article

Subject: Re: masturbate can cause hairloss
Posted by [tvtotalfan](#) on Tue, 05 Sep 2006 19:31:21 GMT
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Yeah you are right glocke, but its nearly impossible to do a study in this case because nobody (or only a few people) will stop masturbate for a longer time (1 year...) because it could "maybe" help in hairloss.

And of course it is not only masturbate, its also "the real thing"

Subject: Re: masturbate can cause hairloss
Posted by [glockenspiel](#) on Tue, 05 Sep 2006 20:02:16 GMT
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hehe

Subject: Re: masturbate can cause hairloss
Posted by [otto_m](#) on Wed, 06 Sep 2006 22:18:38 GMT
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welly welly welly well, my little droogies, let's check it out for let's say at least 24 weeks?
But I gonna start up tomorrow at the earliest

Subject: Re: masturbate can cause hairloss
Posted by [glockenspiel](#) on Thu, 07 Sep 2006 07:55:43 GMT

Endocrinol. 1976 Sep;70(3):439-44. Links

Endocrine effects of masturbation in men. Purvis K, Landgren BM, Cekan Z, Diczfalusy E.

from the abstract:

"The levels of pregnenolone, dehydroepiandrosterone (DHA), androstenedione, testosterone, dihydrotestosterone (DHT), oestrone, oestradiol, cortisol and luteinizing hormone (LH) were measured in the peripheral plasma of a group of young, apparently healthy males before and after masturbation. The same steroids were also determined in a control study, in which the psychological anticipation of masturbation was encouraged, but the physical act was not carried out. The plasma levels of all steroids were significantly increased after masturbation, whereas steroid levels remained unchanged in the control study."

Subject: Re: masturbate can cause hairloss

Posted by [chris22](#) on Sun, 10 Sep 2006 18:30:54 GMT

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alta kram quick

Institute of Endocrinology, Narodni 8, 116 94 Praha 1, Czech Republic, Istarka@endo.cz.

Twelve neuroactive and neuroprotective steroids, androgens and androgen precursors i.e. 3alpha,17beta-dihydroxy-5alpha-androstane, 3alpha-hydroxy-5alpha-androstan-17-one, 3alpha-hydroxy-5beta-androstan-17-one, androst-5-ene-3beta,17beta-diol, 3beta,17alpha-dihydroxy-pregn-5-en-20-one (17alpha-hydroxy-pregnenolone), 3beta-hydroxy-androst-5-en-17-one (dehydroepiandrosterone, DHEA), testosterone, androst-4-ene-3,17-dione (androstenedione), 3alpha-hydroxy-5alpha-pregnan-20-one (allopregnanolone), 3beta-hydroxy-pregn-5-en-20-one (pregnenolone), 7alpha-hydroxy-DHEA, and 7beta-hydroxy-DHEA were measured using the GC-MS system in young men before and after ejaculation provoked by masturbation. The circulating level of 17alpha-hydroxypregnenolone increased significantly, whereas the other circulating steroids were not changed at all. This fact speaks against the hypothesis that a drop in the level of neuroactive steroids, e.g. allopregnanolone may trigger the orgasm-related increase of oxytocin, reported by other authors.

Institut für Medizinische Psychologie, Universitätsklinikum Essen, Germany.
michael.exton@uni-essen.de

This current study examined the effect of a 3-week period of sexual abstinence on the neuroendocrine response to masturbation-induced orgasm. Hormonal and cardiovascular parameters were examined in ten healthy adult men during sexual arousal and masturbation-induced orgasm. Blood was drawn continuously and cardiovascular parameters

were constantly monitored. This procedure was conducted for each participant twice, both before and after a 3-week period of sexual abstinence. Plasma was subsequently analysed for concentrations of adrenaline, noradrenaline, cortisol, prolactin, luteinizing hormone and testosterone concentrations. Orgasm increased blood pressure, heart rate, plasma catecholamines and prolactin. These effects were observed both before and after sexual abstinence. In contrast, although plasma testosterone was unaltered by orgasm, higher testosterone concentrations were observed following the period of abstinence. These data demonstrate that acute abstinence does not change the neuroendocrine response to orgasm but does produce elevated levels of testosterone in males.

Division of Clinical Psychiatry, Hannover Medical School, Federal Republic of Germany.

Data regarding the neuroendocrine response pattern to sexual arousal and orgasm in man are inconsistent. In this study, ten healthy male volunteers were continuously monitored for their cardiovascular and neuroendocrine response to sexual arousal and orgasm. Blood was continuously drawn before, during and after masturbation-induced orgasm and analyzed for plasma concentrations of adrenaline, noradrenaline, cortisol, luteinizing hormone (LH), follicle stimulating hormone (FSH), prolactin, growth hormone (GH), beta-endorphin and testosterone. Orgasm induced transient increases in heart rate, blood pressure and noradrenaline plasma levels. Prolactin plasma levels increased during orgasm and remained elevated 30 min after orgasm. In contrast, none of the other endocrine variables were significantly affected by sexual arousal and orgasm.

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jiangmy@mail.hz.zj.cn

The purpose of this study is to gain understanding of the relationship between ejaculation and serum testosterone level in men. The serum testosterone concentrations of 28 volunteers were investigated daily during abstinence periods after ejaculation for two phases. The authors found that the fluctuations of testosterone levels from the 2nd to 5th day of abstinence were minimal. On the 7th day of abstinence, however, a clear peak of serum testosterone appeared, reaching 145.7% of the baseline ($P < 0.01$). No regular fluctuation was observed following continuous abstinence after the peak. Ejaculation is the precondition and beginning of the special periodic serum testosterone level variations, which would not occur without ejaculation. The results showed that ejaculation-caused variations were characterized by a peak on the 7th day of abstinence; and that the effective time of an ejaculation is 7 days minimum. These data are the first to document the phenomenon of the periodic change in serum testosterone level; the correlation between ejaculation and periodic change in the serum testosterone level, and the pattern and characteristics of the periodic change.

chris

Subject: Re: masturbate can cause hairloss
Posted by [Figaro03](#) on Sun, 10 Sep 2006 19:00:52 GMT

This is really more interesting than I thought.

Here is a guy, who posted the same study.

Zitat: The purpose of this study is to gain understanding of the relationship between ejaculation and serum testosterone level in men. The serum testosterone concentrations of 28 volunteers were investigated daily during abstinence periods after ejaculation for two phases. The authors found that the fluctuations of testosterone levels from the 2nd to 5th day of abstinence were minimal. On the 7th day of abstinence, however, a clear peak of serum testosterone appeared, reaching 145.7% of the baseline ($P < 0.01$). No regular fluctuation was observed following continuous abstinence after the peak. Ejaculation is the precondition and beginning of the special periodic serum testosterone level variations, which would not occur without ejaculation. The results showed that ejaculation-caused variations were characterized by a peak on the 7th day of abstinence; and that the effective time of an ejaculation is 7 days minimum. These data are the first to document the phenomenon of the periodic change in serum testosterone level; the correlation between ejaculation and periodic change in the serum testosterone level, and the pattern and characteristics of the periodic change.

Read this:

Zitat: "wow. after about 10 days of absolutley no sexual activity, i went to the gym for the second time during that period, and i couldn't believe my strength. For the first time ever I was able to lift almost as much on the second sets as i was on the first (and this is during 5 rep max phase). This is also with only 2 min rest between sets!

Also, my girlfriend keeps mentioning how my body felt hot (temperature wise) and how she could sense my vitality through my veins. And mental focus is incredible!

I've also noticed body odour changes - but can't be sure - maybe it's the heat, but my armpits have intensified in odour - to me it smells like urine, but according to her, my body smells nice.

I spoke to a friend who's a martial artist and he told me this is normal and that ur testosterone rises when u abstain, but u shouldn't abstain for too long coz ur libido will dull."

Althoug I don't believe, it comes from abstinence, you have to look at his pictures above at the thread.... Rather incredible...

I will post the rest in another thread in "sonstige Mittel"

Subject: Re: masturbate can cause hairloss
Posted by [Headbanger](#) on Mon, 30 Oct 2006 01:07:06 GMT
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What the fuck , now I am understanding why I am going bald, I wank too much, about 4 times per day

Is this reserch report proved or is it just runs?

Can't imagine that it's cause hairloss, every male pornstar should be bald than.

Subject: Re: masturbate can cause hairloss
Posted by [reinforcement](#) on Mon, 30 Oct 2006 10:41:49 GMT
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Headbanger schrieb am Mon, 30 Oktober 2006 02:07

Can't imagine that it's cause hairloss, every male pornstar should be bald than.

in this case.....its a fucking job!

Subject: Re: masturbate can cause hairloss
Posted by [Nature Boy](#) on Fri, 01 Dec 2006 01:00:38 GMT
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Perhaps we could extend our little spelling contest to the English language, glocke. What do you think?

Subject: Re: masturbate can cause hairloss
Posted by [glockenspiel](#) on Fri, 01 Dec 2006 06:47:11 GMT
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Nature Boy schrieb am Fre, 01 Dezember 2006 02:00Perhaps we could extend our little spelling contest to the English language, glocke. What do you think?

i don't like you anymore

Subject: Re: masturbate can cause hairloss
Posted by [Gast](#) on Fri, 01 Dec 2006 09:22:36 GMT
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Nature Boy schrieb am Fre, 01 Dezember 2006 02:00Perhaps we could extend our little spelling contest to the English language, glocke. What do you think?

Zitat:Wenn die Herren die große Zeit, anstatt sie mit Sprachreinigung zu vertun, lieber darauf

verwenden wollten, ihren Mund zu reinigen, so wären die Voraussetzungen für eine spätere internationale Verständigung vielleicht gegeben.

Subject: Re: masturbate can cause hairloss
Posted by [Headbanger](#) on Fri, 01 Dec 2006 13:28:52 GMT
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sancho pansa schrieb am Fre, 01 Dezember 2006 10:22Nature Boy schrieb am Fre, 01 Dezember 2006 02:00Perhaps we could extend our little spelling contest to the English language, glocke. What do you think?

Zitat:Wenn die Herren die große Zeit, anstatt sie mit Sprachreinigung zu vertun, lieber darauf verwenden wollten, ihren Mund zu reinigen, so wären die Voraussetzungen für eine spätere internationale Verständigung vielleicht gegeben.

Hey Dude you talkin like a 70 years old faggot! Stop that shit man!

Hmm but I like it, your sarcastic quality is just awesome

Subject: Re: masturbate can cause hairloss
Posted by [Nature Boy](#) on Fri, 01 Dec 2006 16:33:09 GMT
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I'm inconsolable

Subject: Re: masturbate can cause hairloss
Posted by [Headbanger](#) on Fri, 01 Dec 2006 17:25:35 GMT
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Nature Boy schrieb am Fre, 01 Dezember 2006 17:33I'm inconsolable

No you're done for Bad Dog

Subject: Re: masturbate can cause hairloss
Posted by [Headbanger](#) on Fri, 01 Dec 2006 17:29:26 GMT
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It's howdy doody time kiddies, the bad man is here!

Subject: Re: masturbate can cause hairloss
Posted by [Nature Boy](#) on Fri, 01 Dec 2006 19:13:16 GMT
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Diamonds are forever and so is the Nature Boy

Subject: Re: masturbate can cause hairloss
Posted by [Headbanger](#) on Fri, 01 Dec 2006 19:30:11 GMT
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Nature Boy schrieb am Fre, 01 Dezember 2006 20:13Diamonds are forever and so is the Nature Boy

Your bad day...just got worse

Subject: Re: masturbate can cause hairloss
Posted by [Nature Boy](#) on Fri, 01 Dec 2006 19:42:04 GMT
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All the girls want to be with me, all the guys want to be like me. I'm the best thing going today and if you don't like it, you'd better learn to love it 'cause the Nature Boy is here to stay

Subject: Re: masturbate can cause hairloss
Posted by [Headbanger](#) on Fri, 01 Dec 2006 20:08:39 GMT
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Nature Boy schrieb am Fre, 01 Dezember 2006 20:42All the girls want to be with me, all the guys want to be like me. I'm the best thing going today and if you don't like it, you'd better learn to love it 'cause the Nature Boy is here to stay

Life's not fair but then neither is death, get used to it, you gonna be a corpse again Nature Boy !

Subject: Re: masturbate can cause hairloss
Posted by [Headbanger](#) on Fri, 01 Dec 2006 20:11:44 GMT
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Don't even try to trip me, I ripped a hole in your life. I don't understand why you even spend the time on my life. But you and everything you stand for, you and all your fucking maggots see, don't even try to trip me, I rip a hole in your life

Subject: Re: masturbate can cause hairloss
Posted by [Nature Boy](#) on Fri, 01 Dec 2006 20:19:26 GMT
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Stop quoting lines that are as old as the hills

Subject: Re: masturbate can cause hairloss
Posted by [Headbanger](#) on Fri, 01 Dec 2006 20:21:52 GMT
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Aaaah I guess u love it u little jerk

Subject: Re: masturbate can cause hairloss
Posted by [NW5a](#) on Thu, 20 Dec 2007 19:28:02 GMT
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Somebody should show ****2008 that thread ...

Subject: Aw: masturbate can cause hairloss
Posted by [smbarak2000](#) on Fri, 26 Feb 2010 16:16:35 GMT
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ohh...oh....
