
Subject: L-LYSINE gegen HA
Posted by [Alex1](#) on Fri, 28 Apr 2006 08:25:41 GMT
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@Frankfurter, das ist kein FullText!!

US Patent 6136860
Applicant: Bio-Scientific Ltd., London, UK

An English biotech company was recently issued a US patent for the use of L-Lysine in the treatment of various types of hair loss, including androgenic alopecia. Following are excerpts from the patent itself.

"Studies involving the administration according to the present invention of L-lysine to those suffering from increased hair shedding show a remarkable increase in scalp hair growth."

"Typically, the L-lysine is administered in a daily dose of from 200 to 2000 mg, and more usually in a daily dose of 500 to 1500 mg, e.g. in the form of a 500 mg dose administered orally once, twice or three times a day. L-lysine may conveniently be administered orally, for example as tablets, capsules."

"We have also discovered that administration of lysine to patients results in a dramatic increase in the efficacy of known treatments for genetic hair loss (which term covers a number of conditions variously referred to as androgen-dependent alopecia, androgenic alopecia, androgenetic alopecia, common baldness, female baldness, diffuse hair loss and male pattern baldness)."

"Thus, in a further aspect of the present invention there is provided a kit including a plurality of separate containers, each containing at least one active agent useful in a combination therapy for the treatment of genetic hair loss, wherein said kit includes L-lysine and at least one further active agent selected from minoxidil, anti-androgens, 5.alpha.-reductase inhibitors, aromatase inhibitors."

"The co-administration of L-lysine with known treatments for genetic hair loss such as minoxidil and anti-androgens results in a significant improvement in the efficacy of the treatment."

Subject: Re: L-LYSINE gegen HA
Posted by [Figaro03](#) on Fri, 28 Apr 2006 10:14:14 GMT
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WEitere Aminosäuren sind übrigens Arginin und Cystein, die die Haare wachsen lassen.

ich bin auch am Überlegen, was ich einnehmen soll. Du hast die Möglichkeit

-alle drei als Pulver einzunehmen#

-als Whey-Protein in Kombination mit anderen Aminos

-als Aminoampulle (soll aber Müllverwertung sein)

- oder auch als rohe Eier (frisch, am besten von Salmonellennegativen Hühnern, 10-15s abgekocht)

Subject: Re: L-LYSINE gegen HA

Posted by [Alex1](#) on Fri, 28 Apr 2006 13:26:12 GMT

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Hey für Cystein nimmst einfach NAC(N-Acetyl-Cystein) das nehme ich auch, das wird besser vom Körper angenommen.

LG Alex
