
Subject: Neue Studie?

Posted by alex33 **on Tue, 11 Dec 2012 21:06:24 GMT**

[View Forum Message](#) <> [Reply to Message](#)

Kann jemand diese Studie verständlich erklären? danke

J Med Assoc Thai. 2012 Oct;95(10):1312-6.

Efficacy and safety of 3% minoxidil versus combined 3% minoxidil / 0.1% finasteride in male pattern hair loss: a randomized, double-blind, comparative study.

Tanglertsampan C.

Source

Department of Dermatology, School of Anti-aging and Regenerative Medicine, Mae Fah Luang University Hospital (Bangkok), Bangkok, Thailand. drchuchait@yahoo.com

Abstract

BACKGROUND:

Topical minoxidil and oral finasteride have been used to treat men with androgenetic alopecia (AGA). There are concerns about side effects of oral finasteride especially erectile dysfunction.

OBJECTIVE:

To compare the efficacy and safety of the 24 weeks application of 3% minoxidil lotion (MNX) versus combined 3% minoxidil and 0.1% finasteride lotion (MFX) in men with AGA.

MATERIAL AND METHOD:

Forty men with AGA were randomized treated with MNX or MFX. Efficacy was evaluated by hair counts and global photographic assessment. Safety assessment was performed by history and physical examination.

RESULTS:

At week 24, hair counts were increased from baseline in both groups. However paired t-test revealed statistical difference only in MFX group ($p = 0.044$). Unpaired t-test revealed no statistical difference between two groups with respect to change of hair counts at 24 weeks from baseline ($p = 0.503$). MFX showed significantly higher efficacy than MNX by global photographic assessment ($p = 0.003$). There was no significant difference in side effects between both groups.

CONCLUSION:

Although change of hair counts was not statistically different between two groups, global photographic assessment showed significantly greater improvement in the MFX group than the MNX group. There was no sexual side effect. MFX may be a safe and effective treatment option.

Link: <http://www.ncbi.nlm.nih.gov/pubmed/23193746>

Subject: Aw: Neue Studie?

Posted by mike. **on Tue, 11 Dec 2012 21:17:08 GMT**

[View Forum Message](#) <> [Reply to Message](#)

alex33 schrieb am Tue, 11 December 2012 22:06....

At week 24, hair counts were increased from baseline in both groups. However paired t-test revealed statistical difference only in MFX group ($p = 0.044$). Unpaired t-test revealed no statistical difference between two groups with respect to change of hair counts at 24 weeks from baseline ($p = 0.503$). MFX showed significantly higher efficacy than MNX by global photographic assessment ($p = 0.003$). There was no significant difference in side effects between both groups.

CONCLUSION:

Although change of hair counts was not statistically different between two groups, global photographic assessment showed significantly greater improvement in the MFX group than the MNX group. There was no sexual side effect. MFX may be a safe and effective treatment option.

Link: <http://www.ncbi.nlm.nih.gov/pubmed/23193746>

Fin topisch in Minox gelöst macht Minox nicht signifikant effektiver :-/

--

ich meine, Fin funktioniert nur systemisch..topisch nicht ausser es wirkt systemisch (ist nur so ein Gefühl..jetzt habe ich so vieles oral und es tut sich einiges..der virilisierungsprozess wenn umgekehrt wird, dann wachsen Haare (was halt noch nicht zu stark minituarisiert ist..erst heute sah ich, eine neue Linie unter der jetzigen in weiß entsteht (hoffentlich bleibt das))

Subject: Aw: Neue Studie?

Posted by [Yes No](#) on Wed, 12 Dec 2012 09:25:38 GMT

[View Forum Message](#) <> [Reply to Message](#)

"Obwohl sich die Veränderung in der Haarzahl in den beiden Gruppen statistisch nicht unterschied, zeigte die insgesamt photographische Beurteilung eine signifikant deutlichere Verbesserung in der F+M Gruppe, als in der M Gruppe."(!?)

Subject: Aw: Neue Studie?

Posted by [alex33](#) on Wed, 12 Dec 2012 09:52:20 GMT

[View Forum Message](#) <> [Reply to Message](#)

Hab ich mich auch gefragt.

Könnte sich auf die Qualität der Haare beziehen

.. keine Ahnung

Subject: Aw: Neue Studie?

Posted by [hairadise.lost](#) **on** Wed, 12 Dec 2012 17:34:31 GMT

[View Forum Message](#) <> [Reply to Message](#)

Mit Minox alleine wachsen oft nur kurze Härchen.

Mit Fin topisch wird die Chance erhöht, dass diese lang werden. Das belegt meiner Einschätzung nach diese Studie.

0,1% Fin ist aber ganz schön viel... Wie bei Xandrox Plus.

Ich hoffe, dass meine 15 mg Fin topisch pro Monat ausreichen.

Subject: Aw: Neue Studie?

Posted by [Knorkell](#) **on** Wed, 12 Dec 2012 19:14:08 GMT

[View Forum Message](#) <> [Reply to Message](#)

hairadise.lost schrieb am Wed, 12 December 2012 18:34

0,1% Fin ist aber ganz schön viel... Wie bei Xandrox Plus.

Ich hoffe, dass meine 15 mg Fin topisch pro Monat ausreichen.

Welcher Dosis entsprechen denn 0,1% Fin? O.o

Subject: Aw: Neue Studie?

Posted by [pilos](#) **on** Wed, 12 Dec 2012 20:07:41 GMT

[View Forum Message](#) <> [Reply to Message](#)

hairadise.lost schrieb am Wed, 12 December 2012 19:34

Ich hoffe, dass meine 15 mg Fin topisch pro Monat ausreichen.

die reichen
