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Subject: Made my own NanoAdeno (Starry night)  
Posted by [bcapop](#) on Tue, 02 Oct 2007 19:23:50 GMT  
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Hello,

I can't speak or write Deutsch, so I'm going to write this in English, sorry.

Since Nanoadeno is pretty much dead, I thought let's make it myself. The topical is mostly based on Nanoadeno 1 since there were a lot of succes stories here and it's made by Elsom Research. There are also some ingredients of my other topical and Nanoadeno 2. The concentrations are pretty much the same as NanoAdeno except for Sophora and Adenosine.

Starry night topical

phosphotidyl choline Nanosomes, water, shea butter, borage oil, cyclodextrin, ascorbyl palmitate, adenosine, sophora flavescens extract, grape seed extract, glycyrrhizin from licorice extract, pomegranate extract, red ginseng extract, sodium pyruvate, creatine-ethyl-ester, D-alpha tocopherol, potassium malate, potassium cabonate, ascorbic acid, L-carnosine, preservatives, xanthan gun.

Some changes:

- Elsom couldn't find Amacha extract so I replaced it with pomegranate which contains ellagic acid. Ellagic acid inhibits TGF-B1.
- Creatine monohydrate is replaced by a more efficient form, Creatine ethyl ester.
- Phosphatic acid was way too expensive to incooperate.
- Increased the concentration of Sophora and Adenosine.
- Sodium pyruvate wasn't originally in NanoAdeno, because of the glutathione deplete thing, but recent research shows it actually prevents glutathione depletion.

I bought a small batch, which means that the topical is expensive. I ordered about 12 topicals a 100 euro a piece. I'm not selling all the topical since I want to have a years supply, but if some of you are interested, you pay what I pay (in the spirit of Fred )