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Subject: Effect of homeopathic treatment

Posted by [kkoo](#) on Fri, 08 Jun 2007 18:27:27 GMT

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nicht direkt AGA, dennoch... wobei interessant wäre, was die da für homöopathische sachen genommen haben...

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Effect of homeopathic treatment of 60 Japanese patients with chronic skin disease.

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**BACKGROUND:** Many individuals who appear to suffer from incurable chronic skin disease use complementary and alternative medicine (CAM). Homeopathy has recently increased in popularity among patients with skin disease. The effects of homeopathic treatment have yet to be fully investigated in patients for whom conventional dermatological treatment is not sufficiently effective. **OBJECTIVES:** To describe patient-reported and clinically observed effects of individualized homeopathic treatment of chronic skin disease. **PATIENTS AND METHODS:** The effectiveness of individualized homeopathic treatment was measured using the patients' own assessments of seven elements (overall impression, improvement of skin condition, reduction of itchiness, reduction of sleep disturbance, satisfaction in daily life, fulfillment at work and satisfaction in human relations) using a nine-point scale similar to the Glasgow Homeopathic Hospital Outcome Scale (GHHOS). Sixty patients with chronic skin disease were included in the study: atopic dermatitis (AD) (n=25), eczema other than AD (n=20), severe acne (n=6), chronic urticaria (n=6), psoriasis vulgaris (n=2) and alopecia universalis (n=1). These patients received individualized homeopathic treatments in addition to conventional dermatological treatments for a period of from 3 months to 2 years 7 months. **RESULTS:** Six patients reported a score of 4 (complete recovery), 23 patients a score of 3 (75% improvement), 24 patients a score of 2 (50% improvement) and 7 patients a score of 1 (25% improvement). A total of 88.3% of patients reported over 50% improvement. Around one-half the patients with AD and eczema reported greater satisfaction in daily life, greater fulfillment at work and greater satisfaction in human relations. **CONCLUSIONS:** The psychological, physical and psychosomatic symptoms and effects of chronic skin diseases are inextricable. Individualized homeopathic treatment can provoke a good response in patients with chronic skin disease; therefore, the holistic approach used in homeopathy may be a useful strategy alongside conventional treatment.

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