

---

Subject: L-Taurin

Posted by [Alex1](#) on Sat, 17 Mar 2007 17:52:48 GMT

[View Forum Message](#) <> [Reply to Message](#)

---

L-TAURINE - L-aurine is an amino acid that when used orally at doses greater than 500 mg. acts as anti-fibrotic agent (inhibits the inflammatoin mediated hardening or ridgification of the hair follicle matrix), thus addressing the primary mechanism of the gradual follicle miniturization seen in MPB, L'Oreal recently obtained a patent for oral hair growth compound that simply combined L-Taurine with Grapeseed/red wine extract(resveratrol), and marine essential fatty acids. In data submitted by L'Oreal in their patent application, topical L-Taurine was found to be ineffective for hair growth.

Was meint ihr dazu?? Ist es empfehlenswert Taurin zuzätzlich zu nehmen???

---