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Subject: Kopf Übungen

Posted by [Haar\\_Challenge\\_2021](#) on Wed, 18 Dec 2013 08:34:31 GMT

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Tom Hagerty has developed a scalp exercise he claims will halt hair loss and promote the growth of new, healthy hair in as little as 5-10 minutes a day.

<http://www.hairtodaytheretomorrow.com/rock-your-hair-bed-with-scalp-exercises/>

<http://www.youtube.com/watch?v=qvljkxBhWMQ>

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