
Subject: Interessant für Fin + Prog User

Posted by [ru-power](#) on Wed, 28 Aug 2013 22:58:15 GMT

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http://www.hairsite.com/hair-loss/personal_journal-pj-448.html

"The key stuff is oral finasteride which I have been on for years already and rarely skip a dose, the revita+pto shampoo 15 minutes a day, again sometimes I'm in hurry, but most of the days its 15 mins rly), Maca root (I recommend 2 or more 500mg caps a day), and progesterone cream applied to temples several times a day (mornings gently so it does not mess up your hair, evenings, use a bit more, let it soak in, and then add some). "

"All in all, my opinion is, that in temples, progesterone (possibly boosted by emptying dutasteride caps into it, although I do not use dut anymore) beats all of it. "

Wäre da nur nicht dieses Dut..
