
Subject: wie verträglich ist diese spiro lotion auf wasserbasis?

Posted by [kkoo](#) on Tue, 18 Apr 2006 07:43:01 GMT

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5% Spironolactone Lotion

Quantity and Ingredients:

2 oz / 60 grams. 5% spironolactone (50mg spironolactone / gm) in a lotion base of water, aloe vera gel, stearic acid, cetyl alcohol, alkyl octanoate, mineral oil, dimethicone, tocopherol acetate, magnesium aluminum silicate, sorbitol, disodium EDTA, methylparaben, dimethyldimethyl hydantoin.

spiro ist so gut wie nicht wasserlöslich. dafür dann der alk. in dieser lotion, nehme ich an...

die amis machen sowas: Six 100mg tablets, crushed and mixed in 20ml of a neutral beauty cream like Cetaphil or Neutrogena" (von bryan von hairlosstalk)? Ginge das?

danke,
k.

Auch ein Grund für meine Frage...: Yamamoto, A. and M. Ito (1996). "Topical spironolactone reduces sebum secretion rates in young adults." Journal of Dermatology 23(4): 243-246.

Abstract: "The effects of topically applied spironolactone on the sebum secretion rates (SSR) of young adults were investigated. SSR was expressed as the ratio of wax esters/(cholesterol + cholesterol esters) (WE/(C + CE)) and the amount of sebaceous lipids (squalene, triacylglycerol and wax esters). Topical spironolactone 5% gel applied to the right cheeks of the subjects produced a significant reduction in the SSR at 12 weeks (4 weeks after termination of application), but not at 8 weeks (the end of treatment). Untreated "control" areas (the left cheeks of the subjects) showed no significant change during the study. None of the subjects experienced skin rash or signs of local irritation. This results suggests that topical spironolactone may be effective in the treatment of acne patients with high SSR."