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Subject: Hair loss/thinning

Posted by [NinjaGirl](#) on Sun, 28 Feb 2010 01:56:30 GMT

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I am really looking for some advice because I'm starting to feel lost in those whole alopecia battle. Short about me: 25 yrs old / female / first noticed thinning of my hair in beginning of May 2009 I first thought it was because I had colored my hair, and it was just those strands that didnt take the color but this bald spot didnt seem to go away as the died hair color faded from my hair. My house doctor told me to stress less, and said it was not a big deal. But it only got worse. I looked then for a dermatologist who specializes in hair loss (instead of hair removal...which was a lot harder then it at first seemed )

I had my first appointment with her in December of 2009 only. She told me I was too young for hair loss and said she wanted to find the cause and not just treat the symptoms.

Blood test set number 1: hormones, iron, ferritin, red and white blood cell count, thyroid, etc.

2nd appointment follow up: hormones fine, iron & ferritin fine, red blood cell count a bit low, white blood count (lymphocytes) a bit too high

She tells me it looks like anemia but it is not - iron/ferritin is fine.

Blood specialist appt: Everything fine - Your hairloss does not appear to be blood related

Back at the dermatologist: I tell her my hair is thinning at the root, almost see through and thick at the ends. She examines my entire body for skin abnormalities but cant find anything.

Blood tests set number 2: ANA, ANCA, TPHA (Lupus / auto-immune diseases)

All are non reactive, except for ANA (which is above the norm for most people with an auto-immune disease) which is border line Positive.

I have a new appointment with the dermatologist on Monday. But over the phone she already told me my results are fine.

My hair appears to be thinning (root area is practically see through) and coming out in large amounts only when i wash my hair. Has any one experienced this?

The dermatologist put me on Rogaine (Regaine 5%) i havent noticed much of a difference in the positive sense. Since my hair thinning was mainly in the front of my head i started wearing my hair to the sides. But now especially those places where i part my hair, are becoming larger, and the hair is thinning even more there.

On Monday i will go through my medical history with her from day 1, to see if there is anything we missed. Now are there any other tests she didnt think of, that could be done to find a cause? or is it really possible to experience hair loss/thinning at this age without a medical reason, since non of my family members have experienced this?

Is there any other kind of doctor besides a general practitioner (or house doctor) or dermatologist that i could see regarding hair loss?

At this stage of sheer frustration, every time i look in the mirror is see less of my hair and more of my scalp, i dont want to get told its an issue i must learn to live with.

Any words of wisdom, or tricks on how to make yourself feel better about this are highly appreciated

NinjaG