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Subject: Melatonin deficiencies in women.

Posted by [fred102](#) on Mon, 27 Feb 2006 19:45:23 GMT

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War hier nicht mal ein Mädchen mit bulimia?

"Low melatonin levels were seen in bulimia or neuralgia and in women with fibromyalgia; replacement reduced pain, sleeping disorders, and depression in fibromyalgia and bulimia. Melatonin profiles are a diagnostic tool to distinguish between several forms of depression, like major depression, winter depression (SAD), unipolar depression, delayed sleep phase syndrome (DSPS)."

Hmm, naja also immer scheint Melatonin anscheinend NICHT vor Krebs zu schützen, im Gegenteil, also aufpassen:

"Patients suffering from non-hormone dependent tumors, like leukemia, should avoid melanin, since tumor growth was promoted in animal experiments."

Die haben sich da wahrscheinlich verschrieben, die meinen wohl Melatonin wie im Rest des abstracts und nicht "melanin".

und für Schwangere:

"Pregnant women should avoid melatonin, since its teratogenic effect is not known."

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